

Wheeling News and Views

Wheeling Elementary School

"Where Learning is a Family Affair"

472 South Wheeling Street

Aurora, Colorado 80012

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Kaye Penn, Principal

November 2005

Greetings from Wheeling!

Our school year is one-fourth complete and moving forward. Thank you to all the parents that joined us for Parent/Teacher Conferences. Teachers and parents had the opportunity to communicate about academic progress and ways to help kids learn best. The conferences were a great success with approximately seventy-five percent of Wheeling parents and students in attendance.

Plenty of great things are happening at Wheeling! We had wonderful participation at our Reading is Fun Night on October 18th. Next on our calendar is Math Night which will take place on November 16th. We look forward to sharing a great deal of information with you about math instruction. Please plan to join us for an evening of food, activities, and fun!

As always, I want thank you for your continued support. Working as partners ensures success for all our children at Wheeling Elementary.

Sincerely,
Kaye Penn
Principal

Activities For the Month of November

Tuesday, November 2

Parent/ Teacher Conferences

Wednesday, November 03

Parent/ Teacher Conferences

Picture Retakes

Thursday, November 04

NO SCHOOL FOR
KINDERGARTEN ONLY

Parent-Teacher Conferences

Wednesday, November 23

Parent Conference Exchange
Day- NO SCHOOL FOR

K-12 STUDENTS

Thursday, November 24 thru

THANKSGIVING –

Friday, November 25

NO SCHOOL

IMPORTANT FUTURE DATES:

2005-2006 SCHOOL YEAR

Monday, December 19th thru

WINTER RECESS –

Monday, January 02nd

NO SCHOOL

Friday, January 13th

First Semester Ends

Monday, January 16th

MARTIN LUTHER KING, JR
DAY!

Tuesday, January 17

Teacher Workday –
NO SCHOOL

School Nurse Notes:

BREAKFAST, AN ESSENTIAL MEAL!

“Study after study has shown that kids who eat breakfast are more alert” according to Harvard Medical School research that found students who ate breakfast performed better academically and behaviorally. The studies also show that they were less likely to be depressed, anxious or hyperactive.

The U.S. Department of Agriculture estimates that 30 percent of school-age (8to 13 year old) kids are missing breakfast at least one day a week. Not only are those students less likely to do well in school that day, but they're missing out on important nutrients. If kids are continually deficient in nutrients it could influence growth and long-term wellness, such as bone health of those who are lacking calcium. Breakfast may be the only time a child or adult consumes fruit juice and milk, important sources of vitamins C and D and calcium.

Parents should set an example by eating breakfast themselves. When students are left to get breakfast themselves, high-sugar choices are often made. That can cause a quick rise in energy with a subsequent crash, probably just as they're sitting down to class work or a test.

Breakfast suggestions could include a high-energy carbohydrate sources, such as a bagel or a cereal bar; a fruit or veggie, such as a juice box; and a protein source for sustained energy, such as a piece of string cheese.

Other mind-powering breakfast options:

1. Toaster waffle with berries and flavored yogurt
2. Whole-grain English muffin with cheese and juice
3. Shake with fruit, yogurt and milk, plus a bagel
4. Burrito with salsa, egg, cheese and juice
5. Tortilla with warmed cheese or peanut butter and fruit
6. Yogurt parfait with fruit and granola
7. Grilled cheese sandwich and tomato juice
8. Leftover pizza and juice

Sincerely,
Ms. K. Pacheco
Health Para
Wheeling Elementary School

School Lunches

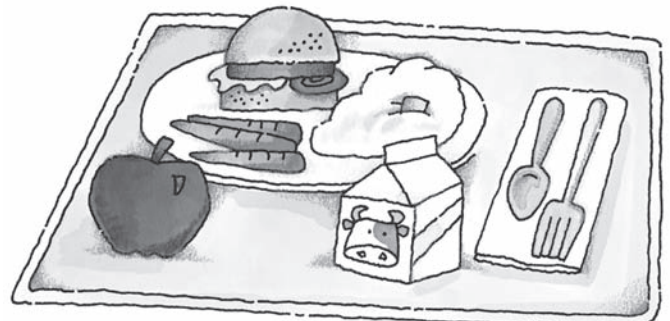
This is just a reminder that the costs of school lunches are \$1.35 a day. Milk is included in the price of a hot lunch. Milk can be purchased for 40 cents for sack lunches. Adult lunch is \$1.95 without milk, and \$2.35 with milk. Please feel free to join us anytime. Just let your child's teacher know you are coming or notify the office when school starts. Don't forget to keep money in your child's account, and please help your child learn his/her lunch number. Please make sure that when you send a check for your child's lunch, that the students name and room number are on the check.

Nutrition Services strives to provide the best meals possible at a reasonable price to our students at all levels. Unfortunately, Nutrition Services has had a problem with the number of returned checks each school receives throughout the school year. The kitchen manager would notify the parents a minimum of three times when a check was returned. The success rate for repayment was extremely low even with these numerous attempts.

In an effort to continue to keep our reasonable meal prices, we have contracted with CheckRite/Global Payments to make collection attempts on all returned checks. This is effective immediately. They will add a fee to all returned checks equal to the maximum allowed by law. The returned check and the associated service charge may be presented to your bank either electronically or in the form of a paper draft.

Nutrition Services regrets that this has become necessary. If you have any questions, please call:

Linda Dallman
Director, Nutrition Services
(303) 343-0295
Ext. 28553



Drills Prepare Us for Emergencies:

Wheeling has four different drills that we practice regularly so that students can be prepared for any event that might come up.

Fire Drill – Drills are held once a month. Sometimes the firemen come and pull a surprise drill. All students have been informed about what to do and where to go. The building is evacuated and all students are accounted for.

Tornado Drill – These drills are conducted each spring. Wheeling students go to their designated areas, tuck and cover their heads.

Evacuation Drill – In the case of a gas leak, a request from the Police Department, etc., we may be asked to evacuate the building. We leave in a similar fashion to fire drills and congregate behind the building near the softball backstop. If we need to be further away, we would proceed to Virginia Court Elementary School (four blocks west on Alaska Place) or to Gateway High School.

Lock Down Drill – If there is immediate danger in our neighborhood, we may be requested to lock down our school. During lock downs, students are safely in classrooms, out of sight, and our halls are empty. We do not open any classroom door or move any students until the “all clear” is given. No, one including parents, is admitted to the building during a lock down.



Middle Years Programme

The Middle Years Programme is a district magnet program of the International Baccalaureate Organization. It is a rigorous academic program with an interdisciplinary approach. The program is based on the premise that education can foster understanding among young people around the world, enabling future generations to live more peacefully and productively than we do today. Intercultural awareness is central to the program. Foreign languages as well as Community and Service hours are required components of the program in addition to the subject areas of Language, Math, Science, Humanities, Physical Education, Arts (Music, Visual Arts, Drama) and Technology. Students must be performing at grade level in the cornerstone areas of reading, writing, and math. Applications will be available at Aurora Hills Middle School January 5, 2006 and due February 28, 2006. A parent information night will be held at Aurora Hills on January 18, 2006 at 6:30 pm. Contact Jan Lotter at 303-341-7450 if you have any questions.

Summit Academy

Summit Academy is a district magnet program for students who have been identified gifted/talented and whose academic needs may be difficult to meet in a traditional classroom setting. Summit is designed to meet advanced intellectual needs by providing an academically rich environment and an advanced learning program. Students must be working at grade level in the cornerstone areas of reading, writing, and math and must be at least one year above grade level in at least one of those areas. Summit Academy is part of Aurora Hills Middle School. Applications will be available January 3, 2006 at Aurora Hills or Quest Academy and due by February 1, 2006. For more information, attend a parent meeting at Aurora Hills on January 19, 2005 at 6:30 pm. If you have questions contact Nancy Williams at 303-343-3664 or Dale Cornelius at 303-341-7450.

Delayed Start Time for Elementary Schools During Storms or Emergencies

In the event of storms or emergencies, an elementary school late start schedule (one hour) will be implemented beginning this fall. Transportation, breakfast programs and all other services will begin one hour later than normally scheduled. High schools and middle schools will not be affected, and will begin at their regularly scheduled time. The media will not make this distinction when they present information about a delay. Please remember, for Aurora Public Schools, ONLY elementary school students will be impacted by an announced delayed start.

Day Care

The before and after school program at Wheeling/Quest Academy is available to children ages (5-14) and runs from 6:30 a.m. until school starts and after school to 6:00 p.m. The program meets in the cafeteria and has use of the gym. Financial assistance packages are available to families who have a free and reduced lunch card with the district. We also offer full day programs when the children are not in school. Sunrise/Sunset Ins. is fully Licensed and insured. Our child to staff ratio is 12 children to every staff member. Call 720-231-6600 for details.

Indian Education Introduction

Hello there everyone! My name is Tvhokne Harjo and I am the Indian Education Family Liaison here in the Aurora Public School District. The Indian Education Formula Grant program provides grants to support local educational agencies in their efforts to reform elementary and secondary school programs that serve American Indian students. The programs funded are to be based on challenging State content standards and State student performance standards used for all students, and are designed to assist American Indian students to meet those standards. You or your children do not have to be enrolled in your tribe to participate in the program.

Services that the Indian Education Program can provide are: Tutoring support in reading/writing/math, School supplies (once a school year), Parent/student/teacher conference support & advocacy, Accessibility to resource library (books, videos, cassettes, etc.), and ACT and SAT fees reimbursed for high school students.

For your child to become eligible for these services they must have a 506 form on file in the Indian Education Office. Once we have a 506 form on file your child can receive any of the services that are provided through the Indian Education Grant. For more information please contact the Indian Education Office at 303-365-7819 ext. 28573 or via e-mail to tvhokneh@hline.aps.k12.co.us.



Need to Contact a Teacher?

The school day is a very tightly scheduled time for teachers. If you have a question or message that you need to convey, using the voice mail system is probably the most expedient way to reach a teacher. You may want to save this list for reference throughout the school year.

Teacher's Name	Voice Mail #
Ms. Ryan (Kindergarten)	63424
Ms. Johnson (Kindergarten)	63360
Ms. Metzener (Kindergarten)	63731
Ms. Trujillo (1st Grade)	64233
Mrs. Williams (1st Grade)	63602
Mrs. Powers (1st Grade)	64202
Ms. Jordon (2nd Grade)	64580
Ms. Lundberg (2nd Grade)	62609
Mrs. Lane (2nd Grade)	64384
Ms. Rengstorf(3rd Grade)	64602
Mrs. Reinhart (3rd Grade)	63392
Ms. Pelkey (3rd Grade)	63845
Mr. Warner (4th Grade)	64208
Mrs. Pierce(4th Grade)	64181
Mrs. Koch (4th Grade)	62653
Ms. Sanders (4th Grade)	63360
Mr. Hughes (5th Grade)	63811
Ms. Beck (5th Grade)	64175
Mrs. Devenish (5th Grade)	63635
Mrs. Pimienta (Spanish)	24621
Mrs. Sampson (Art)	64317
Mrs. Austad (Music)	64325
Mr. Graves (P.E.)	63163
Mrs. Kelsch (Media)	24622
Mr. Berkheim (Technology)	64629
Mrs. Orin (Cafeteria)	24606

School District Jobs Available

Are you interested in working in the school district or know someone who may be interested in employment? The Aurora Public Schools is currently hiring contracted paraeducators and bus drivers as well as substitute paraeducators, substitute clerical staff, substitute custodians, and substitute nutrition services staff. The contracted positions include benefits, and the substitute positions allow for flexible workdays. Bus driver applicants need not have a Commercial Drivers License to apply. If hired, drivers receive three weeks of paid training and have time and opportunity to obtain the necessary CDL license.



If you would like to be considered for any of these jobs, please apply online at www.aps.k12.co.us by selecting "job opportunities." You may also come to the district administration building to pick up an application form. If you have questions, please contact Rachel Trujillo in Human Resources at 303-344-8060, extension 28016.



AURORA PUBLIC SCHOOLS ELEMENTARY CHOICE LUNCH MENU NOVEMBER 2005



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Galaxy Pizza Sausage Pizza Sides: Hot Green Beans Peaches	8 Chicken Fried Steak Chicken Nuggets Sides: Mashed Potatoes w/Gravy Fruit Mix Dinner Roll	9 Cheeseburger on a Bun Hamburger on a Bun Sides: Pickles/Onions Baked Beans Kiwi Smiles	10 Chicken Fajita w/Salsa Grilled Ham & Cheese Sandwich Sides: Seasoned Corn Apple Cookie	11 Rib-B-Que Grilled Cheese Sandwich Sides: Oven Baked French Fries Chilled Pineapple Fruited Jello
14 Chicken Patty on a Bun Waffles w/Syrup Chicken Sausage Links Sides: Oven Baked Tri Tator Fruit Mix	15 <i>Red Baron Fresh Baked Pizza</i> Pepperoni Pizza Cheese Pizza Sides: Hot Vegetables Applesauce	16 Trout Treasures w/Tartar sauce Sesame Chicken Sides: Hot Green Beans Rice Fruit Mix	17 Roast Turkey Hot Roast Beef & Cheese Sandwich Sides: Mashed Potatoes w/Gravy Banana Angel Biscuit w/Honey	18 Beef Burrito w/Green Chili Chicken Hip Dipper w/Ranch Dressing Sides: Baked Beans Peaches Dinner Roll Birthday Cake
21 Spaghetti & Meat Sauce Cheese Quesadilla w/Salsa Sides: Hot Green Beans Chilled Pears Bread Sticks	22 Sloppy Joe on a Bun Hot Ham & Cheese Sandwich Sides: Baked Potato Fruit Juice	23 No School	24 Thanksgiving No School	25 Break No School
28 Chicken Buffalo Tender w/Ranch Dressing Taco w/Salsa Sides: Seasoned Corn Chilled Pears Dinner Roll	29 Pig in the Blanket Cheeseburger on a Bun Sides: Oven Baked French Fries Peaches Butterscotch Cookie	30 Stuffed Cheese Sticks w/Marinara Sauce Hot Turkey & Cheese Sandwich Sides: Fresh Broccoli Fresh Cauliflower Applesauce	Dec 1 Chili w/Bread Sticks Bologna & Cheese Sandwich Alphabet Soup Sides: Tossed Salad w/Dressing Banana	Dec 2 <i>Red Baron Fresh Baked pizza</i> Pepperoni Pizza Cheese Pizza Sides: Carrot Sticks Fruit Cup

Note: 1/2 pint of milk is included with each meal

Looking for part-time work while your children are in school? If interested in working for Nutrition Services, apply at 1085 Peoria, Aurora (\$8.88/hr).
Revised 10/6/05